

COMMON QUESTIONS

About Donor Eligibility

CAN I DONATE IF...

Q | I have diabetes?

You can donate if you are feeling well, regardless of blood sugar level.

A

Q | I have a thyroid condition?

If thyroid is controlled by medication, you can donate.

A

Q | I have high blood pressure?

If your blood pressure is controlled, you can donate.

A

Q | I had cancer?

Most cancers have a one-year deferral. Minor skin cancers have a two-week deferral. Leukemia and lymphoma are the only cancers that have an indefinite deferral.

A

Q | I have recently had a pregnancy/miscarriage?

You can donate six weeks after the end of your pregnancy.

A

Q | I had surgery?

Yes, you can donate. If you had a blood transfusion, you are deferred for one year.

A

Q | I am on antibiotics?

You can donate 48 hours after you complete your medication and are symptom free.

A

Q | I have traveled outside the United States?

Please bring dates and locations for everywhere you have been if you have traveled outside the United States or Canada within the last 12 months, or if you have lived outside the United States or Canada during the last three years.

A

Q | I just got a tattoo?

You can donate one week after getting a tattoo in a licensed facility.

A

For more information, please call Donor Services at
(713) 791-6608 or email medops@giveblood.org.

 **Gulf Coast Regional
Blood Center**
Commit for Life.